

# Is the International Student Orientation Program for Me?

## A Guide for Class of 2022 Admitted International Students

The primary goal of the International Student Orientation Program (ISOP) is to help prepare international students who have limited experience in the U.S. to transition into the U.S. culture both inside and outside of the classroom. If you are exploring whether to attend one of the three optional pre-orientation programs, this document will help you determine whether ISOP is a good choice for you.

**NSOP** (New Student Orientation Program) is the required orientation program for all first-year students. No application.

Below are the **OPTIONAL** pre-orientation programs for first-year students that take place one week before the New Student Orientation Program (NSOP); application required:

1. **Columbia Urban Experience (CUE)**: <https://www.cc-seas.columbia.edu/orientation/CUE>
2. **Columbia Outdoor Orientation Program (COÖP)**: <https://www.cc-seas.columbia.edu/coop/about>
3. **International Student Orientation Program (ISOP)**: <https://www.cc-seas.columbia.edu/ISOP>

Email [ISOP@columbia.edu](mailto:ISOP@columbia.edu) if you would like to speak with someone about whether ISOP is the right choice for you.

