Family Orientation 2013
SCHEDULE OF EVENTS
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Dear Class of 2017 Parents and Families,

On behalf of Columbia College and The Fu Foundation School of Engineering and Applied Science, it is my pleasure to welcome you to Columbia University and to Family Orientation. You are now a part of our Columbia community, and we have planned a series of events to help acquaint you with our vibrant campus. We believe that orienting you to the student experience and the many resources available at Columbia will enable you to contribute positively to your student’s success.

The schedule for Family Orientation is designed to:

- Answer questions about the transition to Columbia
- Help you understand what to expect during the first year of college
- Introduce many of the faculty, staff, alumni, and support services with whom you and your student will engage
- Provide opportunities to network and meet other Columbia families
- Connect you to the City of New York and its cultural and recreational opportunities
- Instill pride and excitement for Columbia and our traditions

During Family Orientation, you will have the chance to attend workshops to learn more about Columbia’s community of advisers, share coffee or a meal with families from all across the country and all over the world, and participate in Convocation—a special event marking the official start of the Columbia academic experience.

I hope to meet each of you at Family Orientation and Family Weekend (October 18–20, 2013). If I can be of any assistance to you, please do not hesitate to contact me. My colleagues in Student Affairs and I look forward to working with you and celebrating the accomplishments and successes of the Class of 2017.

Regards,

Matthew Patashnick
Director of Parent and Family Programs
212-854-2446 | mp3039@columbia.edu

We will be posting pictures daily under the hashtag #ColumbiaFamily on our Facebook and Twitter sites.

We hope you will share your photographs and memories as well!

ColumbiaFamily
Wednesday, August 21

9:00 a.m. - 5:00 p.m.
ISOP Student and Family Check-in / Student Move-in
Hartley Residence Hall, Hartley Lounge

12:00 - 5:00 p.m.
Shopping trips to Bed Bath & Beyond
Shuttle buses depart from 116th Street and Amsterdam Ave.

1:00 - 2:00 p.m.
Move-in Scoop-in
Van Am Quad (between John Jay and Hamilton Halls)
Take a break from moving to enjoy a frozen treat with the staff from Student Affairs!

Thursday, August 22

9:00 - 10:30 a.m.
ISOP Welcome and Introduction to Campus
Alfred Lerner Hall, 2nd Floor, Roone Arledge Cinema
Learn about Student Affairs and various campus resources.

10:30 - 10:45 a.m.
Coffee Break
Alfred Lerner Hall, 5th Floor, Jed D. Satow Room
Coffee and refreshments available.

10:45 - 11:30 a.m.
The Core at Columbia
Alfred Lerner Hall, 5th Floor, Jed D. Satow Room
The Core Curriculum is one of the founding experiments in liberal higher education in the United States, and it remains vibrant as it enters its tenth decade. Come learn how students will be transformed by this academically rigorous exploration of the human experience.

11:30 a.m. - 12:15 p.m.
Introduction to Counseling and Psychological Services
Alfred Lerner Hall, 5th Floor, Jed D. Satow Room
This session will provide an opportunity for you to discuss common concerns about your student’s transition to college as well as about your own transition to “parenting from afar” with a psychologist from Columbia University’s Counseling and Psychological Services. The psychologist will also address questions and perceptions about counseling and other support services at Columbia.
Thursday, August 22 (continued)

12:15 – 1:00 p.m.
RC@C: Responsible Community @Columbia
Alfred Lerner Hall, 5th Floor, Jed D. Satow Room
Find out how to talk with your student about maximizing the Columbia experience without potential alcohol-related consequences. You can play a significant role in encouraging and supporting healthier decision making with your college student.

1:00 – 2:00 p.m.
Lunch
Alfred Lerner Hall, 3rd Floor, Ferris Booth Commons
Reconnect with your student over lunch while experiencing Columbia dining.

1:30 p.m. – 5:00 p.m.
Cell Phone and Banking Fair
Alfred Lerner Hall, Party Space (Basement Level)
Meet local vendors and, if needed, help your student take the initial steps needed to set up accounts.

Friday, August 23

12:00 – 2:00 p.m.
ISOP Parent Lunch
Tent on Hamilton Lawn
Get to know fellow Columbia University parents and families while your student attends an ISOP lunch from 1:00 – 2:00 p.m.

2:00 – 4:00 p.m.
Double-decker Bus Tour of New York City
Bus departs from 116th Street and Amsterdam Ave.
Enjoy a private but tour of Manhattan and familiarize yourself with the City in which your student will be living. Seating is limited and available on a first-come, first-serve basis. Students will attend ISOP programming during this time.

Saturday, August 24

All Day
Free Time
Various locations
This is your chance to explore the City! If you need recommendations for what to do and see, turn to the section in the back of this book called “And the Survey Says...”
Sunday, August 25

8:00 a.m. - 1:00 p.m.
Family Check-in / Student Move-in
Butler Plaza (in front of Butler Library)
Please note: Students will check-in at their residence halls 8:00 a.m. - 1:00 p.m.

8:00 - 11:00 a.m.
Breakfast
Tent on Hamilton Lawn

12:00 - 2:00 p.m.
Family Luncheon
Tent on Hamilton Lawn

12:00 - 5:00 p.m.
Shopping Trips to Bed Bath & Beyond
Shuttle buses depart from 116th Street and Amsterdam Ave.

12:45 - 1:15 p.m.
International Student Programs and Services Presentation
Northwest Corner Building, 5th Floor, Room 501
Columbia University is one of the most international institutions of higher education in the United States. Learn how International Student Programs and Services (ISPS) supports international students and families throughout all phases of the student experience at Columbia.

1:30 - 2:15 p.m.
Center for Student Advising Presentation
Northwest Corner Building, 5th Floor, Room 501
Learn about the resources the Center for Student Advising (CSA) offers to help students plan their Columbia academic program, with the goal of making the experience seamless and straightforward. Seamless Advising embraces the concept that all staff who work with students in an advising capacity—from faculty members to advising deans to career counselors to club advisers (to name just a few)—are engaging in and building advising relationships.

2:30 - 3:15 p.m.
Introduction to Counseling and Psychological Services
Northwest Corner Building, 5th Floor, Room 501
This session will provide an opportunity for you to discuss common concerns about your student’s transition to college as well as about your own transition to “parenting from afar” with a psychologist from Columbia University’s Counseling and Psychological Services (CPS). The psychologist will also address questions and perceptions about counseling and other support services at Columbia.
Sunday, August 25 (continued)

3:30 – 4:15 p.m.
Community Development Presentation
Northwest Corner Building, 5th Floor, Room 501
Meet the team from Community Development, and learn how to support your student as s/he explores student involvement on campus, our diverse community, and life in the residence halls.

4:30 – 5:15 p.m.
Financial Aid Presentation
Northwest Corner Building, 5th Floor, Room 501
The Office of Financial Aid and Educational Financing will provide an introduction to important milestones in your student’s financial life at Columbia, including billing, budgeting, student jobs, and key financial aid topics. Learn strategies for assisting your student with financial decisions and hear about the ways the Office of Financial Aid and Educational Financing supports Columbia families.

7:00 – 9:30 p.m.
Broadway Shows
Various
Families who pre-purchased tickets online will attend one of three Broadway shows. Please note: Tickets must be picked up at Family Check-in.

Monday, August 26

7:00 a.m. – 2:00 p.m.
Family Check-in / Student Move-in
Butler Plaza (in front of Butler Library)
Please note: Students will check-in at their residence halls 7:00 a.m. – 1:00 p.m.

7:00 – 11:00 a.m.
Breakfast
Tent on Hamilton Lawn

9:00 a.m. – 12:00 p.m.
Shopping trips to Bed Bath & Beyond
Shuttle buses depart from 116th Street and Amsterdam Ave.

9:30 – 10:15 a.m.
Engaging the World: Office of Global Programs
Havemeyer, 3rd Floor, Room 309
Opportunities for international study abound at Columbia. Study abroad through semester, year-long, and summer programs empower students to cultivate new knowledge and gain the skills needed to be active and informed citizens of our global community. Come and learn about how the Office of Global Programs (OGP) helps students every step of the way toward fulfilling their goals for international study.
9:30 – 10:15 a.m.  
**RC@C: Responsible Community at Columbia**  
Pupin, 3rd Floor, Room 301  
Find out how to talk with your student about maximizing the Columbia experience without potential alcohol-related consequences. You can play a significant role in encouraging and supporting healthier decision making with your college student.

10:30 – 11:15 a.m.  
**Center for Student Advising Presentation**  
Havemeyer, 3rd Floor, Room 309  
Learn about the resources the Center for Student Advising (CSA) offers to help students plan their Columbia academic program, with the goal of making the experience seamless and straightforward. Seamless Advising embraces the concept that all staff who work with students in an advising capacity—from faculty members to advising deans to career counselors to club advisers (to name just a few)—are engaging in and building advising relationships.

11:30 a.m. - 12:15 p.m.  
**Center for Career Education Services and Resources for Columbia Undergraduates**  
Pupin, 3rd Floor, Room 301  
You are invited to learn how the Center for Career Education (CCE) partners with students beginning in their first year and throughout their time at Columbia to help them explore their interests and career options, prepare application materials, and for interviews, find and secure internship and job opportunities, and connect with alumni and employers to build networks in their fields of interest.

11:30 a.m. - 12:15 p.m.  
**Community Development Presentation**  
Havemeyer, 3rd Floor, Room 309  
Meet the team from Community Development, and learn how to support your student as s/he explores student involvement on campus, our diverse community, and life in the residence halls.

12:00 – 2:00 p.m.  
**Family Luncheon**  
Tent on Hamilton Lawn

12:00 p.m. - 2:00 p.m.  
**Campus Resources Fair**  
Low Plaza (in front of Low Memorial Library)  
Stop by and get to know what administrative offices and resources are available for your student throughout his/her time at Columbia.
Monday, August 26 (continued)

1:00 – 1:45 p.m.
**Introduction to Counseling and Psychological Services**
Havemeyer, 3rd Floor, Room 309
This session will provide an opportunity for you to discuss common concerns about your student’s transition to college as well as about your own transition to “parenting from afar” with a psychologist from Columbia University’s Counseling and Psychological Services (CPS). The psychologist will also address questions and perceptions about counseling and other support services at Columbia.

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2:30 – 4:00 p.m.
**Convocation**
South Field Lawns
The University president, deans, students, and alumni will officially welcome you and your entering Columbia College or Columbia Engineering student into the University community. Since 2003, this ceremonial event has marked the beginning of each student’s undergraduate experience and the conclusion of Family Orientation, bringing together members from across the Columbia community for a celebration of the schools’ newest members.

4:00 – 4:15 p.m.
**Family Farewell**
Various
Wish your student “good luck” and “farewell for now,” then remind him/her that you’ll only be an email or phone call away. Afterward, students will meet with their orientation group and begin a full and exciting week of activities in the New Student Orientation Program (NSOP).

4:00 – 6:00 p.m.
**Parent and Family Reception**
Low Memorial Library Rotunda
After you say goodbye to your student, please join us for a farewell reception sponsored by Student Affairs and the Columbia Alumni Association.
Family Weekend: October 18-20, 2013

Family Weekend is a special opportunity for families to visit campus after the start of the fall semester and experience, if only for a weekend, what it means to be a Columbia student.

Hundreds of Columbia families attend, and events include faculty lectures, campus and neighborhood tours, panel presentations, and receptions.

Get Involved

Are you looking for ways to get involved with the Columbia community? Parent and Family Programs invites you to join us at one of our upcoming events as a volunteer. Contact Matthew Patashnick via email for more information: mp3039@columbia.edu.
Mobile Applications

**Central Park**
The official mobile guide to one of New York’s most popular green spaces, this app from the Central Park Conservancy provides users with a wealth of information about the many attractions and activities in Central Park.

**HopStop**
Even seasoned New Yorkers get mixed up! Luckily, most public transportation hurdles can be prevented by using HopStop, an app that respects the value of your time and gives accurate, detailed directions to anywhere in the city. It’s truly as simple as that.

**MoMA**
A modern way to consume modern art. Search the museum’s collection, check out current and upcoming exhibits, and take guided tours.

**NYC Way**
Delivering more than 60 apps for street vendors, nightlife, tourist attractions, subway stations, the garbage collection schedule, and everything in between, it’s hard to believe that this is also free.

**The Scoop**
The Scoop is a guide to New York City from the staff of The New York Times. Here’s how it works: we give you lists of our favorite restaurants, bars, coffee shops, stores, and events. You go out and have fun.

**Time Out NY**
This app provides updated events listings, as well as reviews of arts, music, nightlife, restaurants, and bars. Listings can be sorted by “Critic’s Picks” and “Free and Cheap.”

**Urbanspoon**
This app is here to help you make an educated decision about where to eat among the infinite culinary options in the city, and it even locates the closest restaurants to you, filtering them by price and cuisine.

**Yelp**
Yelp is a website and mobile app that connects people with great local businesses. Users can search for nearby restaurants, bars, businesses, and stores to see photos, business information, and, as you’d expect, plenty of user reviews.
Dining Options—Morningside Heights

From pizza to burgers, falafel to sushi, and burritos to salad, the dining options are nearly endless at Columbia. Feel free to ask us for our personal recommendations, or just head to one of these delicious spots in our neighborhood, Morningside Heights.

<table>
<thead>
<tr>
<th><strong>Bistro Ten 18</strong></th>
<th><strong>Koronet Pizza</strong></th>
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<tbody>
<tr>
<td>1018 Amsterdam Avenue at 110th</td>
<td>2848 Broadway</td>
</tr>
<tr>
<td>Fresh, Local American Bistro</td>
<td>Between 110th and 111th</td>
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<td>Biggest Slice of Pizza Around</td>
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<tr>
<th><strong>Community Food &amp; Juice</strong></th>
<th><strong>Le Monde</strong></th>
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<tbody>
<tr>
<td>2893 Broadway</td>
<td>2885 Broadway</td>
</tr>
<tr>
<td>Between 112th and 113th</td>
<td>Between 112th and 113th</td>
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<tr>
<td>New American Cuisine, Health Food, Juice Bar</td>
<td>Traditional French Bistro</td>
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<tr>
<th><strong>Deluxe</strong></th>
<th><strong>Maoz Vegetarian</strong></th>
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<tbody>
<tr>
<td>2896 Broadway</td>
<td>2857 Broadway</td>
</tr>
<tr>
<td>Between 112th and 113th</td>
<td>Between 110th and 111th</td>
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<tr>
<td>Traditional American Diner Cuisine</td>
<td>Vegetarian with a Falafel Specialty</td>
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<tr>
<th><strong>Dinosaur BBQ</strong></th>
<th><strong>Mel's Burger Bar</strong></th>
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<tbody>
<tr>
<td>700 W 125th Street at Riverside Drive</td>
<td>2850 Broadway</td>
</tr>
<tr>
<td>Traditional Barbecue Menu</td>
<td>Between 110th and 111th</td>
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<td></td>
<td>Burgers, Fries, and Shakes</td>
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<tr>
<th><strong>Five Guys</strong></th>
<th><strong>Milano Market</strong></th>
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<tbody>
<tr>
<td>2847 Broadway</td>
<td>2892 Broadway</td>
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<tr>
<td>Between 110th and 111th</td>
<td>Between 112th and 113th</td>
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<tr>
<td>Burgers and Fries</td>
<td>Italian Deli</td>
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<tr>
<th><strong>Havana Central</strong></th>
<th><strong>Nussbaum &amp; Wu</strong></th>
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<tbody>
<tr>
<td>2911 Broadway</td>
<td>2897 Broadway at 113th</td>
</tr>
<tr>
<td>Between 113th and 114th</td>
<td>Sandwiches, Soups, and Salads</td>
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<tr>
<td>Cuban Cuisine</td>
<td>2897 Broadway at 113th</td>
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<tr>
<th><strong>The Heights Bar &amp; Grill</strong></th>
<th><strong>Strokos Pizza</strong></th>
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<tbody>
<tr>
<td>2867 Broadway</td>
<td>1090 Amsterdam Avenue at 114th</td>
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<tr>
<td>Between 111th and 112th</td>
<td>Pizza and Deli Sandwiches</td>
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<tr>
<td>Southwestern Bar Food with a Rooftop</td>
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<tr>
<th><strong>Amigos</strong></th>
<th><strong>Tom's Restaurant</strong></th>
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<tbody>
<tr>
<td>2888 Broadway</td>
<td>2880 Broadway at 112th</td>
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<tr>
<td>Between 112th and 113th</td>
<td>Diner known as “That Seinfeld Restaurant”</td>
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<tr>
<td>Mexican Cuisine</td>
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<tr>
<th><strong>Kitchenette</strong></th>
<th><strong>Vine</strong></th>
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<tbody>
<tr>
<td>1272 Amsterdam Avenue at 122nd</td>
<td>2953 Broadway</td>
</tr>
<tr>
<td>Traditional Diner Food, Great Omelets</td>
<td>Between 115th and 116th</td>
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<td></td>
<td>Mix of Japanese and Thai Cuisine, Sushi Bar</td>
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And the Survey Says...

Columbia Student Affairs staff members were asked to weigh in on their favorite New York City experiences, restaurants, and places to visit!

**Good Eats**

New York City is the food capital of the world, known for its variety of ethnic cuisines, great restaurants, and the ability to find any kind of food at any hour of the day.

- Try a cannoli at Rocco’s Pastry Shop in the West Village (243 Bleecker Street).
- Experience dim sum in Chinatown.
- For one of the best burgers in town, visit Shake Shack (Madison Sq., Upper East, Upper West, Battery Park, Theater District, and Brooklyn).
- Check out Katz’s Deli for a classic New York eatery (205 East Houston Street).
- Try Eataly! It is the largest artisanal Italian food and wine marketplace in the world! (200 5th Avenue).
- One of the reasons why New York is a foodie’s mecca: Chelsea Market (75 9th Avenue).
- In the mood for some comfort food? Check out Red Rooster (310 Malcolm X Boulevard).
- Grab a slice of pizza at the original Patsy’s Pizza (1st Avenue and 118th).

**Things to Do and Places to See**

If you have a few free hours, here’s a list of our must-see places around Manhattan.

- Take a stroll in Central Park, Riverside Park, or across the Brooklyn Bridge.
- Ride a bike along the Hudson River (rentals are available).
- Walk along the High Line Park, built on a historic freight rail line elevated above the streets on Manhattan’s West Side.
- Play a game of mini-golf at Pier 25 along the West Side Highway.
- Visit the American Museum of Natural History in the Upper West Side.
- Soak in some jazz at Lincoln Center.
- Take a ride on the Staten Island Ferry, East River Ferry, or Circle Line.
- See the sights at South Street Seaport.
- The Cloisters Museum and Gardens are easily accessible by subway, bus, or car.
- Check out the Brooklyn Flea and Smorgasburg!