COLUMBIA COLLEGE | COLUMBIA ENGINEERING







Family Orientation 2013



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Dear Class of 2017 Parents and Families.







posting pictures daily under the hashtag #ColumbiaFamily on our Facebook

and Twitter sites.

We will be

We hope you will share your photographs and memories as well!

On behalf of Columbia College and The Fu Foundation School of Engineering and Applied Science, it is my pleasure to welcome you to Columbia University and to Family Orientation. You are now a part of our Columbia community, and we have planned a series of events to help acquaint you with our vibrant campus. We believe that orienting you to the student experience and the many resources available at Columbia will enable you to contribute positively to your student's success.

The schedule for Family Orientation is designed to:

- Answer questions about the transition to Columbia
- Help you understand what to expect during the first year of college
- Introduce many of the faculty, staff, alumni, and support services with whom you and your student will engage
- Provide opportunities to network and meet other Columbia
- Connect you to the City of New York and its cultural and recreational opportunities
- Instill pride and excitement for Columbia and our traditions

During Family Orientation, you will have the chance to attend workshops to learn more about Columbia's community of advisers, share coffee or a meal with families from all across the country and all over the world, and participate in Convocation—a special event marking the official start of the Columbia academic experience.

I hope to meet each of you at Family Orientation and Family Weekend (October 18-20, 2013). If I can be of any assistance to you, please do not hesitate to contact me. My colleagues in Student Affairs and I look forward to working with you and celebrating the accomplishments and successes of the Class of 2017.

Regards,

Matthew Patashnick

Matthew Patashnick Director of Parent and Family Programs 212-854-2446 | mp3039@columbia.edu







🖪 🧺 🤼 ColumbiaFamily

9:00 a.m. - 5:00 p.m.

ISOP Student and Family Check-in / Student Move-in

Hartley Residence Hall, Hartley Lounge

12:00 - 5:00 p.m.

Shopping trips to Bed Bath & Beyond

Shuttle buses depart from 116th Street and Amsterdam Ave.

1:00 - 2:00 p.m.

Move-in Scoop-in

Van Am Quad (between John Jay and Hamilton Halls)
Take a break from moving to enjoy a frozen treat with the staff from Student Affairs!

Thursday, August 22

9:00 - 10:30 a.m.

ISOP Welcome and Introduction to Campus

Alfred Lerner Hall, 2nd Floor, Roone Arledge Cinema Learn about Student Affairs and various campus resources.

10:30 - 10:45 a.m.

Coffee Break

Alfred Lerner Hall, 5th Floor, Jed D. Satow Room Coffee and refreshments available

10:45 - 11:30 a.m.

The Core at Columbia

Alfred Lerner Hall, 5th Floor, Jed D. Satow Room

The Core Curriculum is one of the founding experiments in liberal higher education in the United States, and it remains vibrant as it enters its tenth decade. Come learn how students will be transformed by this academically rigorous exploration of the human experience.

11:30 a.m. - 12:15 p.m.

Introduction to Counseling and Psychological Services

Alfred Lerner Hall, 5th Floor, Jed D. Satow Room

This session will provide an opportunity for you to discuss common concerns about your student's transition to college as well as about your own transition to "parenting from afar" with a psychologist from Columbia University's Counseling and Psychological Services. The psychologist will also address questions and perceptions about counseling and other support services at Columbia.

Thursday, August 22 (continued)

12:15 - 1:00 p.m.

RC@C: Responsible Community @ Columbia

Alfred Lerner Hall, 5th Floor, Jed D. Satow Room

Find out how to talk with your student about maximizing the Columbia experience without potential alcohol-related consequences. You can play a significant role in encouraging and supporting healthier decision making with your college student.

1:00 - 2:00 p.m.

Lunch

Alfred Lerner Hall, 3rd Floor, Ferris Booth Commons
Reconnect with your student over lunch while experiencing Columbia dining.

1:30 p.m. - 5:00 p.m.

Cell Phone and Banking Fair

Alfred Lerner Hall, Party Space (Basement Level)

Meet local vendors and, if needed, help your student take the initial steps needed to set up accounts.

Friday, August 23

12:00 - 2:00 p.m.

ISOP Parent Lunch

Tent on Hamilton Lawn

Get to know fellow Columbia University parents and families while your student attends an ISOP lunch from 1:00 – 2:00 p.m.

2:00 - 4:00 p.m.

Double-decker Bus Tour of New York City

Bus departs from 116th Street and Amsterdam Ave.

Enjoy a private but tour of Manhattan and familiarize yourself with the City in which your student will be living. Seating is limited and available on a first-come, first-serve basis. Students will attend ISOP programming during this time.

Saturday, August 24

All Day

Free Time

Various locations

This is your chance to explore the City! If you need recommendations for what to do and see, turn to the section in the back of this book called "And the Survey Says..."

Sunday, August 25

8:00 a.m. - 1:00 p.m.

Family Check-in / Student Move-in

Butler Plaza (in front of Butler Library)

Please note: Students will check-in at their residence halls 8:00 a.m. - 1:00 p.m.

8:00 - 11:00 a.m.

Breakfast

Tent on Hamilton Lawn

12:00 - 2:00 p.m.

Family Luncheon

Tent on Hamilton Lawn

12:00 – 5:00 p.m.

Shopping Trips to Bed Bath & Beyond

Shuttle buses depart from 116th Street and Amsterdam Ave.

12:45 - 1:15 p.m.

International Student Programs and Services Presentation

Northwest Corner Building, 5th Floor, Room 501

Columbia University is one of the most international institutions of higher education in the United States. Learn how International Student Programs and Services (ISPS) supports international students and families throughout all phases of the student experience at Columbia.

1:30 - 2:15 p.m.

Center for Student Advising Presentation

Northwest Corner Building, 5th Floor, Room 501

Learn about the resources the Center for Student Advising (CSA) offers to help students plan their Columbia academic program, with the goal of making the experience seamless and straightforward. Seamless Advising embraces the concept that all staff who work with students in an advising capacity—from faculty members to advising deans to career counselors to club advisers (to name just a few)—are engaging in and building advising relationships.

2:30 – 3:15 p.m.

Introduction to Counseling and Psychological Services

Northwest Corner Building, 5th Floor, Room 501

This session will provide an opportunity for you to discuss common concerns about your student's transition to college as well as about your own transition to "parenting from afar" with a psychologist from Columbia University's Counseling and Psychological Services (CPS). The psychologist will also address questions and perceptions about counseling and other support services at Columbia.

Sunday, August 25 (continued)

3:30 - 4:15 p.m.

Community Development Presentation

Northwest Corner Building, 5th Floor, Room 501

Meet the team from Community Development, and learn how to support your student as s/he explores student involvement on campus, our diverse community, and life in the residence halls

4:30 - 5:15 p.m.

Financial Aid Presentation

Northwest Corner Building, 5th Floor, Room 501

The Office of Financial Aid and Educational Financing will provide an introduction to important milestones in your student's financial life at Columbia, including billing, budgeting, student jobs, and key financial aid topics. Learn strategies for assisting your student with financial decisions and hear about the ways the Office of Financial Aid and Educational Financing supports Columbia families.

7:00 - 9:30 p.m.

Broadway Shows

Various

Families who pre-purchased tickets online will attend one of three Broadway shows. Please note: Tickets must be picked up at Family Check-in.

Monday, August 26

7:00 a.m. – 2:00 p.m.

Family Check-in / Student Move-in

Butler Plaza (in front of Butler Library)

Please note: Students will check-in at their residence halls 7:00 a.m. - 1:00 p.m.

7:00 - 11:00 a.m.

Breakfast

Tent on Hamilton Lawn

9:00 a.m. - 12:00 p.m.

Shopping trips to Bed Bath & Beyond

Shuttle buses depart from 116th Street and Amsterdam Ave.

9:30 - 10:15 a.m.

Engaging the World: Office of Global Programs

Havemeyer, 3rd Floor, Room 309

Opportunities for international study abound at Columbia. Study abroad through semester, year-long, and summer programs empower students to cultivate new knowledge and gain the skills needed to be active and informed citizens of our global community. Come and learn about how the Office of Global Programs (OGP) helps students every step of the way toward fulfilling their goals for international study.

Monday, August 26 (continued)

9:30 - 10:15 a.m.

RC@C: Responsible Community at Columbia

Pupin, 3rd Floor, Room 301

Find out how to talk with your student about maximizing the Columbia experience without potential alcohol-related consequences. You can play a significant role in encouraging and supporting healthier decision making with your college student.

10:30 - 11:15 a.m.

Center for Student Advising Presentation

Havemeyer, 3rd Floor, Room 309

Learn about the resources the Center for Student Advising (CSA) offers to help students plan their Columbia academic program, with the goal of making the experience seamless and straightforward. Seamless Advising embraces the concept that all staff who work with students in an advising capacity—from faculty members to advising deans to career counselors to club advisers (to name just a few)—are engaging in and building advising relationships.

11:30 a.m. - 12:15 p.m.

Center for Career Education Services and Resources for Columbia Undergraduates

Pupin, 3rd Floor, Room 301

You are invited to learn how the Center for Career Education (CCE) partners with students beginning in their first year and throughout their time at Columbia to help them explore their interests and career options, prepare application materials, and for interviews, find and secure internship and job opportunities, and connect with alumni and employers to build networks in their fields of interest.

11:30 a.m. - 12:15 p.m.

Community Development Presentation

Havemeyer, 3rd Floor, Room 309

Meet the team from Community Development, and learn how to support your student as s/he explores student involvement on campus, our diverse community, and life in the residence halls

12:00 – 2:00 p.m.

Family Luncheon

Tent on Hamilton Lawn

12:00 p.m. - 2:00 p.m.

Campus Resources Fair

Low Plaza (in front of Low Memorial Library)

Stop by and get to know what administrative offices and resources are available for your student throughout his/her time at Columbia.

1:00 - 1:45 p.m.

Introduction to Counseling and Psychological Services

Havemeyer, 3rd Floor, Room 309

This session will provide an opportunity for you to discuss common concerns about your student's transition to college as well as about your own transition to "parenting from afar" with a psychologist from Columbia University's Counseling and Psychological Services (CPS). The psychologist will also address questions and perceptions about counseling and other support services at Columbia.

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2:30 - 4:00 p.m.

Convocation

South Field Lawns

The University president, deans, students, and alumni will officially welcome you and your entering Columbia College or Columbia Engineering student into the University community. Since 2003, this ceremonial event has marked the beginning of each student's undergraduate experience and the conclusion of Family Orientation, bringing together members from across the Columbia community for a celebration of the schools' newest members.

4:00 - 4:15 p.m.

Family Farewell

Various

Wish your student "good luck" and "farewell for now," then remind him/her that you'll only be an email or phone call away. Afterward, students will meet with their orientation group and begin a full and exciting week of activities in the New Student Orientation Program (NSOP).

4:00 - 6:00 p.m.

Parent and Family Reception

Low Memorial Library Rotunda

After you say goodbye to your student, please join us for a farewell reception sponsored by Student Affairs and the Columbia Alumni Association.

Family Weekend: October 18-20, 2013

Family Weekend is a special opportunity for families to visit campus after the start of the fall semester and experience, if only for a weekend, what it means to be a Columbia student.

Hundreds of Columbia families attend, and events include faculty lectures, campus and neighborhood tours, panel presentations, and receptions.







Get Involved

Are you looking for ways to get involved with the Columbia community? Parent and Family Programs invites you to join us at one of our upcoming events as a volunteer. Contact Matthew Patashnick via email for more information: mp3039@columbia.edu.

Mobile Applications



Central Park

The official mobile guide to one of New York's most popular green spaces, this app from the Central Park Conservancy provides users with a wealth of information about the many attractions and activities in Central Park



HopStop

Even seasoned New Yorkers get mixed up! Luckily, most public transportation hurdles can be prevented by using HopStop, an app that respects the value of your time and gives accurate, detailed directions to anywhere in the city. It's truly as simple as that.



MoMA

A modern way to consume modern art. Search the museum's collection, check out current and upcoming exhibits, and take guided tours.



NYC Way

Delivering more than 60 apps for street vendors, nightlife, tourist attractions, subway stations, the garbage collection schedule, and everything in between, it's hard to believe that this is also free.



The Scoop

The Scoop is a guide to New York City from the staff of *The New York Times*. Here's how it works: we give you lists of our favorite restaurants, bars, coffee shops, stores, and events. You go out and have fun.



Time Out NY

This app provides updated events listings, as well as reviews of arts, music, nightlife, restaurants, and bars. Listings can be sorted by "Critic's Picks" and "Free and Cheap."



Urbanspoon

This app is here to help you make an educated decision about where to eat among the infinite culinary options in the city, and it even locates the closest restaurants to you, filtering them by price and cuisine.



Yelp

Yelp is a website and mobile app that connects people with great local businesses. Users can search for nearby restaurants, bars, businesses, and stores to see photos, business information, and, as you'd expect, plenty of user reviews.

Dining Options—Morningside Heights

From pizza to burgers, falafel to sushi, and burritos to salad, the dining options are nearly endless at Columbia. Feel free to ask us for our personal recommendations, or just head to one of these delicious spots in our neighborhood, Morningside Heights.

Bistro Ten 18

1018 Amsterdam Avenue at 110th Fresh, Local American Bistro

Community Food & Juice

2893 Broadway Between 112th and 113th New American Cuisine, Health Food, Juice Bar

Deluxe

2896 Broadway Between 112th and 113th Traditional American Diner Cuisine

Dinosaur BBQ

700 W 125th Street at Riverside Drive Traditional Barbecue Menu

Five Guys

2847 Broadway Between 110th and 111th Burgers and Fries

Havana Central

2911 Broadway Between 113th and 114th Cuban Cuisine

The Heights Bar & Grill

2867 Broadway Between 111th and 112th Southwestern Bar Food with a Rooftop

Amigos

2888 Broadway Between 112th and 113th Mexican Cuisine

Kitchenette

1272 Amsterdam Avenue at 122nd Traditional Diner Food, Great Omelets

Koronet Pizza

2848 Broadway Between 110th and 111th Biggest Slice of Pizza Around

Le Monde

2885 Broadway Between 112th and 113th Traditional French Bistro

Maoz Vegetarian

2857 Broadway Between 110th and 111th Vegetarian with a Falafel Specialty

Mel's Burger Bar

2850 Broadway Between 110th and 111th Burgers, Fries, and Shakes

Milano Market

2892 Broadway Between 112th and 113th Italian Deli

Nussbaum & Wu

2897 Broadway at 113th Sandwiches, Soups, and Salads

Strokos Pizza

1090 Amsterdam Avenue at 114th Pizza and Deli Sandwiches

Tom's Restaurant

2880 Broadway at 112th Diner known as "That Seinfeld Restaurant"

Vine

2953 Broadway Between 115th and 116th Mix of Japanese and Thai Cuisine, Sushi Bar

And the Survey Says ...

Columbia Student Affairs staff members were asked to weigh in on their favorite New York City experiences, restaurants, and places to visit!

Good Eats

New York City is the food capital of the world, known for its variety of ethnic cuisines, great restaurants, and the ability to find any kind of food at any hour of the day.

- Try a cannoli at Rocco's Pastry Shop in the West Village (243 Bleecker Street).
- Experience dim sum in Chinatown.
- For one of the best burgers in town, visit Shake Shack (Madison Sq., Upper East, Upper West, Battery Park, Theater District, and Brooklyn).
- Check out Katz's Deli for a classic New York eatery (205 East Houston Street).
- Try Eataly! It is the largest artisanal Italian food and wine marketplace in the world! (200 5th Avenue).
- One of the reasons why New York is a foodie's mecca: Chelsea Market (75 9th Avenue).
- In the mood for some comfort food? Check out Red Rooster (310 Malcolm X Boulevard).
- Grab a slice of pizza at the original Patsy's Pizza (1st Avenue and 118th).

Things to Do and Places to See

If you have a few free hours, here's a list of our must-see places around Manhattan.

- Take a stroll in Central Park, Riverside Park, or across the Brooklyn Bridge.
- Ride a bike along the Hudson River (rentals are available).
- Walk along the High Line Park, built on a historic freight rail line elevated above the streets on Manhattan's West Side.
- Play a game of mini-golf at Pier 25 along the West Side Highway.
- Visit the American Museum of Natural History in the Upper West Side.
- Soak in some jazz at Lincoln Center.
- Take a ride on the Staten Island Ferry, East River Ferry, or Circle Line.
- See the sights at South Street Seaport.
- The Cloisters Museum and Gardens are easily accessible by subway, bus, or car.
- Check out the Brooklyn Flea and Smorgasburg!

New York City Subway Map



Columbia University The Morningside Campus & Environs

